

Study on Digital Technologies to Reduce Elderly Social Isolation

Research has demonstrated social isolation can lead to a number of health and well-being issues including loneliness, depression, and low self-esteem. With an ageing population and people living longer, the levels of social isolation are likely to increase for this age group. Governments have recognised the challenges from demographic change and ageing and, in many instances, regions have developed strategies to reduce older adult isolation.

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